

We want you to enjoy your race, but there are some rules needed to make the Klondike Road Relay run smoothly.

RULES FOR REGISTRATION

LEGS

- Legs cannot be shared between 2 people.
- Each person must pick a leg.
- You can't share a leg, but if you want you are allowed to run more than one leg for the same team if you want.

TEAM MAKE UP

Minimum number:

- 5 persons for 10 person teams.
- 6 persons for 8 person teams
- 3 person for 4 person walking

Participants can NOT sign up to be on more than one team.

REFUNDS:

- If there are not 700 participant spots reserved by June 5, 2022 the race will be postponed to 2023. Refunds (minus 10%) will be provided to team captains.

If for reasons outside of the control of the KRR organizing committee the race has to be canceled (including, but not limited to COVID-19 restrictions, weather, safety, etc...),

NO refunds will be given to team captains.

- Team Captains may sell their team to others until Aug 26

PARTICIPANT AGE:

- Minimum age is 10 years old by race date
- **Youth:** 10-18 years of age by race date
- **Open:** 19-39 years of age by race date
- **Masters:** 40 years of age by race date

IMPORTANT DEADLINES:

- **May 16- May 31:** Team Registration: Team Captain Buys Team \$75.00 per participant
- **June 1-Aug 26:** Team Registration: Team Captain Buys Team \$85.00 per participant

June 5: if we don't not have 700 spots reserved by this date the race will be postponed to 2023.

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- **May 16-Aug 12:** KRR merchandise available for purchase.
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- **May 16- Aug 26:** team changes with no cost
 - **Aug 26-Sept 9:** 10\$ per change

SAFETY RULES WILL BE UPDATED IN JUNE

RULES FOR RACE DAY

LIGHTS FOR RUNNING NIGHT LEGS

All participants who are running between the times of 8:30 pm and 7:00 am **MUST** have a front and back light attached to their body. Examples of this will be shown via video in June. Participants must provide their own lights and show checkpoint volunteers before starting their leg. Note:

YOU WILL NOT BE ALLOWED TO LEAVE THE CHECKPOINT WITHOUT FRONT AND BACK LIGHTS.

BIBS

Participants **MUST** wear the bib number(s) assigned to them and ensure that they are visible on the **front and back** at all times through their leg. Do not pin to your legs—they are not visible

- If a runner is registered to run consecutive legs, they must display the proper number for their first leg upon arriving at the checkpoint and must display the proper number for the next leg before leaving, except in the case of a substitution (see substitution rule).
- If you do not display your bib front and back at the start of your leg, you will **NOT** be allowed to leave the checkpoint

TIMING AND LOST FOB

- All timing occurs with a stick timing device that is passed from one team runner to the next. No runner may leave the checkpoint until the previous runner dips the stick and hands it to the next runner
- Your **team captain** will be charged \$100.00 if you do not return your FOB timing stick to the finish line at the end of the race.

BLUE TIMING SHEETS

- Teams can track and record individual leg times on the provided BLUE SHEET
- Blue sheets can be submitted to the timing team at the finish line

- If a sheet is not submitted and there is a malfunction of the electronic timing system, your team may not receive a time

SUBSTITUTIONS

If you need to have a participate substitution the following rules apply:

- You may only substitute a runner with fellow teammates. The substitute runner wears his/her original BIB
- If your team does more than one substitution, you are not eligible for team awards
- If your team does a leg substitution, that leg is not eligible for fastest leg recognition
- Substitutions must be reported to checkpoint managers and,
- Substitutions must also be reflected on the BLUE team timing sheet.
- Substitutions for the benefit of speed... may make team ineligible for awards at the discretion of race director

CANADIAN CUSTOMS

- Any participant running leg 3 MUST be prepared to stop at Canada Customs with ID/Passport/ Vaccine Requirement documents **in hand.** (this may include a mobile device with a downloaded ARRIVECAN app).
- Volunteers will direct runners to the pedestrian check in where you will wait to be cleared before finishing your leg of the race.

WITHDRAWAL

- Any team withdrawing from the event mid-race MUST inform the next checkpoint manager

COVID

- All participants must follow local COVID protocols as per the Chief Medical Of House recommendations
- Further COVID requirements will be posted closer to the event as we gain clarity on the status of global pandemic.

WALKING

- Walking is walking and running is running. Walking is having one foot always on the ground at all times.
- If you are on a walking team and are observed twice running, your whole walking team will be disqualified.

MASS START

- **All walking** teams/categories will be started in a mass start at checkpoint # 10 if the leg 9 participant has not arrived by 2:30
- **All running** teams/categories will be started in a mass start at checkpoint #10 if the leg 9 runner has not arrived by 3:30
- Your team time will be adjusted at the finish line.

- If your leg 9 runner has not arrived at checkpoint # 10 by the close of checkpoint at 4:00 no time will be recorded for your team.

**YOUR FINAL RUNNER/WALKER MUST HAVE THE TEAM FOB WITH THEM
AT THE FINISH LINE TO RECEIVE A TEAM TIME**