



# Running is Freedom

## 2009

## Karlynn Welling

### Team Standing

Category: WOMEN

Team Place By Category: 7 of 17

Team Place Overall for Runners (1-10 Legs): 54 of 119

Total Team Time: 16:48:20

Sponsor:

Whitehorse  
175 km

### Individual Leg Information

Leg: 4 - Canada Customs

Leg Distance: 13.10

Penalty: 0 Min

Leg time: 01:44:12

Pace: 00:07:57

MPH: 7.5

### Individual Leg Standings

Place by Gender: 7 of 71 Women

Place by Pace: 25 of 119

Place by Category: 2 of 17