



# Heart & Sole's

# 2019

## Rob Rees

### Team Standing

Category: OPEN  
Team Place By Category: 22 of 52  
Team Place Overall for Runners (1-10 Legs): 84 of 162  
Total Team Time: 18:24:37  
Sponsor:

Whitehorse  
175 km

### Individual Leg Information

Leg: 8 - Emerald Lake  
Leg Distance: 12.40  
Penalty: 0 Min  
Leg time: 01:32:54  
Pace: 00:07:30  
MPH: 8.0

### Individual Leg Standings

Place by Gender: 16 of 70 Men  
Place by Pace: 20 of 168  
Place by Category: 4 of 52